

# CHECK LIST FOR THE NEW PET OWNER

The first 2 weeks your new dog comes in your home will define your future. You and your friend may spend up to 15 years together. It's best to get educated and prepare yourself to do the right things. It's much easier to set the rules from day one than correct bad behavior later on. Your dog will love and trust you for giving them structure. Here are some basic guidelines and a do's and don'ts checklist for the well-trained pet owner.

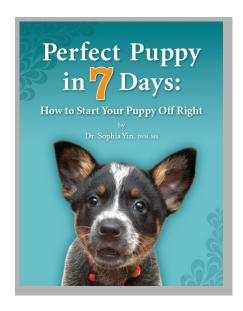
- Plans and decisions about the dog's needs should be addressed, especially in a family environment. Who is going to feed the dog? Who is going to scoop poop? Who is going to walk the dog? Who's going to train?
- Do you have a training class or looked at Wags & Wiggles Training Schedule? What about a veterinarian?
- Have you puppy proofed (or dog proofed) your home? Loose electrical cords should be hidden, poisonous plants removed, fragile items on low coffee tables put away, possibly put child locks on cabinets for the smart dogs, find a hide-a-way place up high or in a cabinet for the cat food and cat box (a spare bathroom is perfect), fence in backyard is in good shape and at least 5 feet for big dogs.
- Are you going to leave the dog alone at any time? Loose in house would not be a good idea until you know more about your friend. Puppies obviously need potty training first. Adult dogs new to your home may be a bit confused about when/where to potty too, even if previously potty trained. Baby gates, x-pens, dog runs, crates are all good solutions. See crate training pamphlet.
- Did you buy a collar and leash? Martingale style collars will prevent escape and no choke chains since they can give a dog tracheal damage. Using a leash in the house can help teach right from wrong.
- Hand feed your dog to develop a tight bond. Consider a waist leash and tie down. See tie-down pamphlet.

#### DO'S AND DON'TS CHECKLIST FOR THE WELL TRAINED PET OWNER

- Do set rules for the dog. Teach him to sit for the things he wants.
- Do be nice to your dog every time he comes to you and teach him his name means look at you.
- Do be consistent with your actions and expectations. Set family rules that all can follow.
- Do provide an outlet for your dog's energies through physical exercise.
- Do keep your dog mentally fit through training on a regular basis.
- Do understand that your dog is a social animal and needs to get outside of the home.
- Do become your dog's leader.
- Do reward good behavior.
- Do make learning fun for your dog.
- Do use positive commands that teach your dog how to behave.
- Do spend lots of time with your dog.
- Do keep trying because every dog wants to be right.
- Do get outside help when you get stuck.
- Don't try to make up for other people's wrong doings by overindulging your dog.

- Don't do anything unpleasant when your dog comes to you.
- Don't expect the dog to understand that sometimes he can do it and other times he can't.
- Don't expect your dog to lie around all day and be happy.
- Don't think your dog can't learn. All dogs can think and shouldn't be left to stagnate mentally.
- Don't lock up your dog because you haven't taken the time to train him.
- Don't expect the dog to obey if you aren't the leader.
- Don't give demand behavior attention or it will repeat.
- Don't yell commands at your dog or expect perfection.
- Don't use "NO". It's not a command or a fix. It's just an interrupter of the situation.
- Don't ruin your dog through loneliness.
- Don't give up when the going gets tough.
- Don't blame the dog.

from Perfect Puppy in 7 Days by Dr. Sophia Yin



The goal is that the puppy has positive experiences, not neutral or badones. It's important to watch the puppy's response and note what it is and to also give treats to help ensure the exposure is a success. Here's a checklist that can help you. Download a copy of this puppy socialization checklist at www.drsophiayin.com.

You can grade the response if you want or just check off each exposure.

PROGRESS	SCORE	RESPONSE TO THE PERSON, OBJECT, ENVIRONMENT OR HANDLING				
	1	Overarousal or try to get at: Growl, nip, bark, struggle (for handling), or lunge				
Needs Work	2	<b>Avoid:</b> Struggle, hide, try to get away, won't approach, or hesitant to approach				
	Freeze: Holds still (but not eating), non-exploratory, moving slowly or acting sleepy when they shouldn't be tired					
Coing well	4	Calm, relaxed, explores the object or environment, playful, focused on the food				
Going well	5	Calm, relaxed, explores the object or environment, playful, even without food				

Additionally a + can be used to denote better progress and a - denotes not as well (e.g. 2+, 2, 2-) such that for each score there are three levels of responses.

Week Start Date		DAY & SCORE (or checkmark)							
CLASS OF SOCIALIZATION	SPECIFIC SOCIALIZATION	M	Т	W	Th	F	S	Sun	
Handling	Checking the ears								
	Examining mouth and gums								
	Opening the eyelids								
	Squeezing the feet								
	Handling and trimming the toenails								
	Pinching skin								
	Poking the skin with a capped pen								
NO 21	Touching and squeezing the nose								
	Poking the nose with a capped pen								
	Cradling puppy in your arms on its back								
	Holding him in your lap								
	Holding puppy upside down								
	Holding puppy on its back while giving a belly rub								
	Hugging your puppy								
	Pulling the collar (gotcha)								
	Grabbing puppy by other part of body								
	Wiping body with a towel								
	Putting on a head halter								
	Putting on a harness								

Week Start Date		DAY & SCORE (or checkmark)								
CLASS OF SOCIALIZATION	SPECIFICSOCIALIZATION	M	Т	W	Th	F	S	Sun		
Unfamiliar People	Women									
	People of many ethnicities									
	Tall men									
	Men with deep voices									
	Men with beards									
	Elderly									
	People wearing hats, helmets									
	People wearing Ugg® boots									
	People wearing hoodies									
	People wearing backpacks									
	People wearing sunglasses									
	People with canes, walking sticks or walkers									
	Teenagers									
	Children standing as well as playing									
	Toddlers (walking and squealing)									
	Infants (crawling)									
	People running by									
	Indigent or homeless people									
Unfamiliar Dogs	Dogs who play well									
	A dog who will reprimand puppies with appropriate force and restraint for getting into his personal space									
	With puppies who play well and do not get overly aroused									

Week Start Date			DAY & SCORE (or checkmark)								
CLASS OF SOCIALIZATION	SPECIFICSOCIALIZATION	M	Т	W	Th	F	S	Sun			
Other animal species	Cats										
	Horses and livestock										
	Any types of pets you may have										
New surfaces	Concrete										
New Surfaces	Slippery floors such as hardwood, linoleum or marble										
	Metal surfaces-such as manhole covers, vet hospital scales										
	Wobbly surfaces such as BOSU® ball, a board on top of a book or unbalanced thick tree branch, a wobble board										
	Stairs										
	Wet grass										
	Mud										
	Ice, frost, or snow if you will live in such areas										
Scary sounds	Thunder										
Seary souries	Fireworks										
LEGACY LEGACY LEGACY (SoundsGood*CD) LEGACY (SoundsGood*CD)	Babies and kids										
SoundsCood CD So	Alarms										
	Dogs barking										
If you do not have the ability to expose the puppy to these sounds frequently enough or at a level where she can have a positive experience, use sound	Doorbell wringing										
	Traffic (like downtown in a city)							Ш			
	Jack hammers							Ш			
CDs. Some sounds may be more realistic when surround sound	Vacuum cleaner							Ш			
is used.	Sirens										

Week Start Date			DAY & SCORE (or checkmark)							
CLASS OF SOCIALIZATION	SPECIFICSOCIALIZATION	M	Т	W	Th	F	S	Sun		
Objects with wheels	Skateboards									
	Rollerblades									
	Garbage cans outside									
	Shopping carts									
	Baby strollers									
	Wheel chairs									
The Analysis of the Control of September 2012 and the Control of t	Bikes									
	Cars									
	Buses									
	Motorcycles									
Man-made objects	Pots and pans									
	Blankets or rugs being shaken									
	Brooms									
	Balloons									
	Umbrellas									
	Bags blowing in the wind									
	Sidewalk signs									
	Garbage cans in the house									
	Garbage cans outside									
	Plastic bags blowing the wind									
	Large plastic garbage bags									
	Metal pans or other metal surfaces									
	Metal-pens									